

Sustainability at Trinity

At Trinity, we're working to reduce our impact on the environment. Here are some simple ways you can make a difference.

Reduce your energy use

- Turn off appliances and lights that you're not using them. Standby mode still uses energy.
- Need fresh air? Open your window wide for 5 minutes, then close it completely. This quickly ventilates the room without losing all the heat.
- Set your heating a little lower, turning your thermostat down by just one degree can reduce energy use by up to 10% of energy consumption. The University recommends setting your heating to 19°C.
- Use an electric kettle rather than boiling water on the hob. When cooking, keep a lid on your pan to reduce energy use.
- Only run the washing machine when you have a full load, and use the Eco or low-temperature setting where possible.

Reduce your waste

The best way to manage waste is not to create it in the first place.

- Reduce and reuse first. Don't bin unwanted things that are still useful—donate them instead.
- Recycle what you can. If the item can't be reused, check the recycling rules to see if it can be given a new life. Remember recycling should be clean and dry.
- General waste should always be the last resort.



Shop more sustainably

Everything we buy has an environmental impact—from the resources used to make it, to manufacturing, packaging and transport.

Before making a purchase, ask yourself: **Do I really need it?** If you do, is there a more sustainable or ethical way to get it?

- Could you borrow it, or rent through [Share Oxford](#)?
- Choose pre-loved items from one of Oxford's many second-hand shops.
- Buy well-made items that will last.

By buying less, choosing second-hand where possible, and donating unwanted items, you'll reduce waste while supporting local charities.

Travel sustainability

Oxford is a great city for walking, cycling and public transport. [Oxford Travel Options](#) has plenty of advice on how to do this.

- If cycling is an option for you, it's a great way to get around Oxford. Bike storage is available at the main college site and at accommodation.
- Register your bike at the Lodge.
- Invest a Strong D-lock and good bike lights, both of which are [available at a discount from the University](#). You can also rent a bike daily or termly through [OxBikes](#).
- Sign up for the [free cycling training](#) provided by the University, there are also useful maps of low-traffic routes.

How to get involved

Become the Environments and Ethics rep (E&E reps) for your common room. Both the JCR and MCR has this role.

E&E Representatives sit on the College Sustainability Committee, providing an opportunity to work with students and staff to improve sustainability at Trinity.

If the role is already filled, you can still get involved by joining the College's [Green Impact Team](#), which works to improve sustainability across the College. To join the team email Sara Reeve, both students and staff are very welcome to join.

Contact:-

If you have any questions about sustainability at Trinity or are curious about what is happening across the University about sustainability get in touch with

Colleges Sustainability Officer – jillian.mowbray@admin.ox.ac.uk